

Pregnancy Considerations in Asian-Americans

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Common Prenatal Care Issues

Perinatal Mental Health Conditions	1 in 5
Gestational Diabetes	10-20%
Hepatitis B	AAPI account for 50% US cases
COVID 19	Over 200,000 US cases

Perinatal Mental Health Conditions

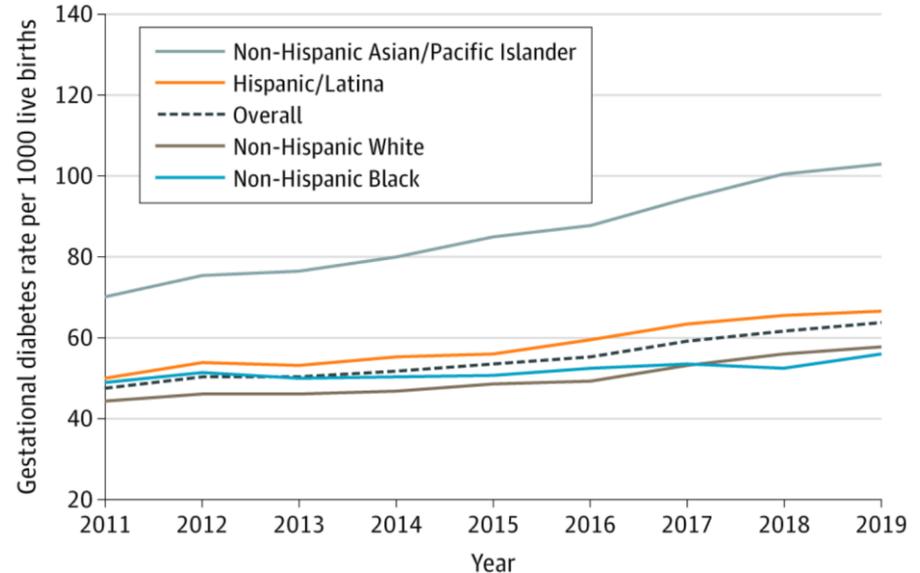
- Most common complication of pregnancy
- Only 1 in 4 get treatment
- A leading cause of preventable maternal deaths
- Associated with less engagement in medical care, poor nutrition, preterm delivery, low birth weight, breastfeeding challenges, poorer infant bonding and interactions
- Asian Americans face many barriers to diagnosis and treatment



Gestational Diabetes Rising in US

- Associated with increased risk of
 - Macrosomia
 - Cesarean
 - Hypertensive Disorders
 - Future Type 2 Diabetes
- Possible modifiable risk factors
 - Nutrition & Exercise
 - Environmental factors

A Overall and by race and ethnicity



Hepatitis B

- Screen for hepatitis B
- Screen for immunity
- Hepatitis B vaccination safe during pregnancy
- Universal hepatitis B vaccination for infants
- For those born to patients with hepatitis B, HBIG and hepatitis B vaccine for infant immediately after birth reduces vertical transmission
- Breastfeeding is safe

Screening and Referral Algorithm for Hepatitis B Virus (HBV) Infection Among Pregnant Women

